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Purpose & Associated Policy

The purpose of the inpatient concurrent review process is to determine the medical appropriateness of acute hospitalization for a Optum patient.

Definitions

- N/A

Procedure:

A. Care Management Teammate:

1. Receives notification that a patient has been or is being admitted to an in-patient facility.
   a. Enters case into referral management system (RMS).
   b. Determines eligibility and reviews clinical criteria to make an initial determination of covered days; begins discharge planning process.
   c. Documents appropriate clinical information and criteria used for coverage determination in RMS.
   d. Performs follow-up reviews and documents clinical progress in RMS.
   e. Screens patient for entry into Case Management or Disease Management Program.
2. Is notified that patient is scheduled for discharge.
   a. Arranges post hospital care and durable medical equipment as clinically appropriate.
3. Receives notification advising that a patient is being admitted or has been admitted to an out-of-network hospital.
   a. Enters case into RMS.
   b. Determines eligibility, reviews clinical criteria and makes an initial determination of potential to transfer.

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IF Patient is:	THEN UM:
Not stable for transfer	1. Makes an initial determination of covered days, informs requestor of next review date and creates reminder task. 2. Continues concurrent review as above.
Potentially stable for transfer	Facilitates communication between Optum Hospitalist and attending physician and facilitates outcome.

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